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The Shivering Mountain

Mam Tor stands guard at the Western end of the Hope Valley, its dramatic landslip showing the 'insides' of what would otherwise be a gently rolling Peak District hill. The slip probably began in pre-historic times when the drier climate of the bronze age changed to today's Atlantic period.

The road below Mam Tor, which is now closed to traffic, was first built in 1819 by the Sheffield Turnpike Company using spoil from the nearby Odin mine. The route was designed to bypass the steep limestone gorge of Winnats Pass. As a result of the constant movement of the landslip the road was difficult to keep open, having to be repaired on a regular basis and was closed in 1979. The name 'Mam Tor' is said

to mean mother hill – because it keeps spawning mini-hill beneath as bits drop off.

The footpath along the ridge from Mam Tor to Losehill is one of the most popular in the Peak District, providing breathtaking views in every direction, including the Edale Valley, Kinder, the Derwent Moors, Stanage Edge, and the limestone plateau to the south.